



July 12, July 13-16

Team CT Wrestling Practice/Training

Practice times: Sunday 11-4pm,
Monday-Thursday 6-8:30pm

@ Wesleyan University-Wrestling Room

<http://www.wesleyan.edu/athletics/traveltoathletics.html>

ALL High School Wrestlers and Coaches welcome

Practices will focus on freestyle (all folkstyle wrestling skills applicable) training and preparation for the Jr. Nationals @ Fargo, ND. Expand your wrestling mind, abilities, & techniques. Make yourself 1% better each day as well as prepare our CT Wrestlers to be All-Americans

Summer Wrestling

Makes Winter

Champions

2009 Team CT

Junior Nationals, Fargo, ND

July 18-25, 2009

"What can I do next to be better"-Dan Gable

**Join
Team CT**

Free to everyone! Only need a USA Wrestling Card

For USA Card contact: sjadach23@aol.com or 203-231-3285