

Girl's And Women's 2007 Opportunities, Practices & Events

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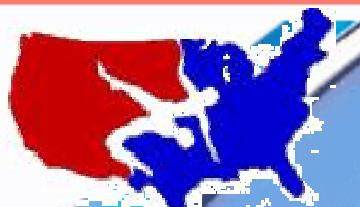
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- Opportunities
 - Train & Compete with other Girls!
 - Get to know the girls from other states
 - College Scholarship Opportunities
 - Funded Access to US Olympic Training
- CT Girls Wrestling Practices
 - Currently: Lyman Memorial HS
 - Monday / Thursday 5:30 to 7:30 PM
 - Goal: Additional sites around CT
- Events: Local and National
 - See Schedule on next page

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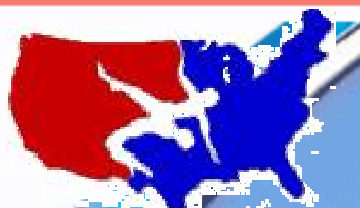
- Events

| Start Date | Day of Wk | EVENT | LOCATION |
|------------|-----------|------------------------------------|-----------------------------------|
| 3/10/2007 | SAT | USGWA MA State Champ | Fitchburg, MA (2.5 Hr) |
| 3/17/2007 | SAT | USGWA NY State Champ | Richmondville, NY (2.5 Hr) |
| 3/18/2007 | SUN | USGWA NJ State Champ | East Brunswick, NJ |
| 3/23/2007 | FRI - SUN | North East Regional | Brockport, NY |
| 3/24/2007 | SAT | USGWA New England Championships | Dorchester, MA (2 Hr) |
| 3/25/2007 | SUN | USGWA E Coast Pre National | Middle Is. NY, LI |
| 3/30/2007 | FRI - MON | USGWA Nationals, Livonia, MI | Livonia, MI |
| 4/20/2007 | FRI - SUN | Body Bar Women's Nat Champ | Colorado Springs |
| 5/26/2007 | SAT | Kumite Classic (Free & Folk USGWA) | Monroeville, PA (Pittsburgh area) |
| 6/1/2007 | FRI - SUN | NE Kids & Cadets Regional Champ | Fairfield, CT |
| 7/7/2007 | SAT - SUN | Pre-Jr Canada Cup | Guelph, ON, Canada |
| 7/26/2007 | THR - MON | US Jr National Championships | Fargo, ND |
| 7/26/2007 | THR - MON | Women's Jr Dual National Champ | Fargo, ND |

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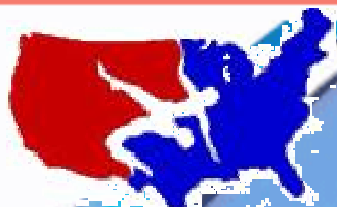
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- **Opportunities**
- College & Funded National Training
 - Chance of girls selection FAR Greater than boys
 - Several colleges & universities have teams
 - US Olympic Education Center at NMU can provide full BJ Stupak Scholarship & training
- Why USAW CT Competition Plan
 - Pick up training from club & high school base
 - Develop Freestyle skills
 - All girls post high school competition is Freestyle
 - College and USAW National Coaches attend:
 - USGWA Nationals
 - Body Bar Nationals (At Olympic Training Center)
 - USAW Jr. Nationals (Fargo, ND)



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Recent Notices from National Coaches

Coach Terry Steiner

Dear Women's Directors:

I want to remind you of the Body Bar Nationals Camp and Competition – April 15 – 22, 2007 – the camp will be run from the 15 to the 20 and the competition will be run from the 20 and the 22nd

We have some beds available – Please contact Coach Izzy as he is keeping track of the camp and beds for the competition

Also, we would like to take a FILA Cadet group to Klippan, Sweden February 27 to March 5 – the trip would cost around \$1200.00 per athlete please let us know by Feb 1st if you have anyone interested in this event – please limit it to athletes that have been in the **top 5 at Body Bar** last year or someone who has been in the **top 4 at Jr nationals** – we will need to have 8-10 athletes to make this trip happen again please contact coach Izzy on this event

Thanks

Terry Steiner, USA Wrestling
National Women's Coach

USOEC Recruiting Visits Information at the following link

<http://www.leaguelineup.com/welcome.asp?cmenuid=1&url=tempsite&sid=1042525378>

Click on the "Recruit Visits" link on the left side of the Home page.